

# ENGAGING, RELEVANT, COST EFFECTIVE TRAINING

## Working in Confined Spaces Awareness

£15  
ONLY

Health and Safety Awareness Training  
Working in Confined Spaces

### The Specified Risks

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The ingress or presence of liquids

Liquids can flow into the confined space and lead to drowning, for example the ingress of liquid when working in sewers or from other plant which has not been adequately isolated in an industrial situation.

Click NEXT to move on.

**!** Drowning can occur in even a small depth of liquid.

**i** Depending on the nature of the liquid, such as its corrosivity or toxicity, its presence in a confined space can lead to other serious injury or health effects.

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### Types of Confined Space

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Some spaces may meet the criteria to be a confined space when they are used to store certain items.

Click NEXT to move on.

- Gas cylinders** held in an enclosed space that would, if discharged, affect the atmosphere sufficiently to represent a specified risk such as asphyxiation (carbon dioxide and argon), or fire (oxygen).
- Fire suppression systems** will discharge rapidly to flood an area with carbon dioxide.
- Wood pellets**, used as fuel in heating systems, release carbon monoxide and absorb oxygen during storage, so an enclosed space used as storage facility for wood pellets will be subject to the regulations.

- ✓ Certified by CPD
- ✓ Audio voiceover
- ✓ Approximate duration 2 hours
- ✓ Downloadable certificate on completion

This Working in Confined Spaces online training course provides learners with the knowledge they need to identify confined spaces and makes them aware of the hazards and risks associated with working in a confined space.

Employers are required by law to take reasonable steps to safeguard the health and safety of all employees. This includes raising awareness about the hazards related to working in a confined space, and outlining what can be done to minimise risk.

## PURCHASING FOR YOUR ORGANISATION

If you are buying for your organisation rather than for yourself, it is simple for you to add learners, assign training and print certificates. You will have a dashboard to monitor learner progress and attainment.

Our training licences **don't expire** and are only assigned to a learner the first time they launch the training. Substantial discounts are applied to bulk purchases and annual licences are also available.

The course has been certified by the CPD Certification Service.

The course assessment is generated from question banks so will change each time it is taken. A certificate, with the CPD logo, is available for download on successful completion of the assessment.

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*i2Comply*

# ENGAGING, RELEVANT, COST EFFECTIVE TRAINING

## Working in Confined Spaces Awareness

The training course contains the following 9 topics:

### 1. CONFINED SPACES AND THE LAW

- Legislation aimed to protect workers' health and safety
- The purpose of the Confined Spaces Regulations 1997
- The definition of a confined space
- When the Regulations apply to a confined space
- The atmospheric and physical hazards associated with confined spaces
- Exceptions where the Regulations may not apply to a confined space

### 2. TYPES OF CONFINED SPACE

- Obvious and less obvious types of confined spaces
- When a change of conditions can cause a space to be subject to the Regulations
- When a space might temporarily be subject to the Regulations

### 3. THE SPECIFIED RISKS

- Flammable substances and oxygen enrichment
- Excessive heat
- Toxic gas, fumes or vapour
- Oxygen deficiency
- The ingress or presence of liquids
- Solid materials which can flow

### 4. GENERAL HAZARDS

- Common workplace hazards encountered in confined spaces
- Regulations that address specific common hazards
- The risk of collapse or subsidence when working in a confined space that is an excavation
- The hazard posed by poor illumination
- Hot work hazards and precautions
- The need to be alert to stress and fatigue

### 5. DUTIES UNDER THE REGULATIONS

- Who is responsible for complying with the Regulations
- How to identify confined spaces subject to the Regulations
- The importance of the confined space risk assessment
- The need to carry out a confined space risk assessment
- The duties and responsibilities of employees

### 6. CONFINED SPACE RISK ASSESSMENTS

- Who should carry out a confined space risk assessment
- The priority when carrying out a risk assessment
- Measures that can be taken to avoid entering the confined space to work
- The four main areas covered in the risk assessment

### 7. SAFE SYSTEMS OF WORK

- What a safe system of work is
- The HSE guidance for developing a safe system of work
- The eight key elements of a safe system of work
- When a permit-to-work system is required

### 8. PPE AND RPE

- Why the use of PPE and RPE is a last resort
- Your duty to use any PPE provided
- The risk of heat stress when wearing PPE and typical symptoms

### 9. EMERGENCY ARRANGEMENTS

- Communications
- The capability of rescuers
- Rescue and resuscitation equipment
- Whether other processes must be shut down
- The need to liaise with local emergency services