

ENGAGING, RELEVANT, COST EFFECTIVE TRAINING

Ladder Safety Awareness

£17.50 + VAT

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Portable Ladder Safety Awareness
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Ladder pre-use checks and precautions

Leaning Ladders - Positioning


When using a leaning ladder to carry out a task:

- ▶ Only use the ladder on firm ground.
- ▶ If the ladder needs levelling, only use a proprietary levelling device. Do not use ad-hoc packing such as bricks, blocks or timbers.
- ▶ The surface should be sufficiently clean and free of loose material so the feet can grip.
- ▶ Don't stand ladders on moveable objects, such as pallets, bricks, lift trucks, tower scaffolds, excavator buckets, vans, or mobile elevating work platforms.
- ▶ Ladder angle should be approximately 1:4 or 75 degrees.

▶ Click NEXT to move on.

Ladder angle should be approximately 1:4 or 75°.

Only use proprietary levelling devices.




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Portable ladders and steps

Although common sense will usually dictate which type of ladder to use in a particular situation, the material the ladder is made from is an important consideration when deciding whether a ladder is suitable for a given task.

The following screens will look at the advantages and disadvantages of the four materials most commonly used for ladders.

▶ Click NEXT to move on.



- ✓ Assured by RoSPA Qualifications
- ✓ Certified by CPD
- ✓ Audio voiceover
- ✓ Downloadable certificate on completion
- ✓ 100% online training
- ✓ No time limits



This Ladder Safety online training course provides learners with an understanding of the simple, sensible precautions you should take to keep safe when you use ladders and stepladders in the workplace.

Employers are required by law to take reasonable steps to safeguard the health and safety of all employees. This includes raising awareness about the risks related to working at height.

The approximate duration of this training course is 1 hour.

PURCHASING FOR YOUR ORGANISATION

If you are buying for your organisation rather than for yourself, it is simple for you to add learners, assign training and print certificates. You will have a dashboard to monitor learner progress.

Our training licences **don't expire** and are only assigned to a learner when they launch the training. Substantial discounts are available for bulk purchases.

Learners are able to download their certificate on successful completion of the online assessment.

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Ladder Safety Awareness

The training course contains the following 5 topics:

1. PORTABLE LADDER AND STEPS

- The common types of portable ladders and steps
- The advantages and disadvantages of the common types of portable ladder
- The need to consider the material a ladder is made from
- When fibreglass ladders should be used

2. RISKS, HAZARDS AND DUTIES

- What is meant by the term 'working at height'
- Legislation that aims to keep people safe when working at height
- The duties and responsibilities of employers and employees
- Common hazards when working on a ladder

3. ASSESSING AND CONTROLLING THE RISKS

- Why and when a risk assessment is needed before working on a ladder
- The factors considered in a risk assessment
- The hierarchy of control
- What is meant by collective protection and personal protection, and why collective protection is preferable
- Examples of control measures that can be taken to reduce risks
- The requirement for a three-point hold when a climb is unavoidable

4. FALLING OBJECTS

- Measures that you can take to reduce the risk of objects falling
- Why drop zones are needed

5. LADDER PRE-USE CHECKS

- Ladder standards and labelling
- Things to consider before using a ladder
- When you should check a ladder
- Pre-checks for leaning ladders and step ladders
- HSE guidance on the precautions to take when using ladders and stepladders