

# ENGAGING, RELEVANT, COST EFFECTIVE TRAINING

## Lone Working Online Training

£17.50 + VAT

 **Health and Safety Training**  
Lone Working Awareness

**Duties and responsibilities** Page 5 of 21

There are 5 steps to a risk assessment.  
Step 1 is about identifying the hazards.

Employers should take into account routine tasks and foreseeable emergencies and consider the environment, task and people that may cause harm to a lone worker.

► Click **NEXT** to move on.

**1. Identify the hazards**

- Are there adequate fire prevention measures in the work area?
- Are there hazards that might lead to slips, trips or falls?
- Does the job require a lone worker to lift objects that are too heavy for one person?
- Does the job require a lone worker to operate machinery that a person cannot safely do alone?
- Is there anyone who has a history of violence or aggression?
- Does the work involve interaction with people who are affected by alcohol or drugs?

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 **Health and Safety Training**  
Lone Working Awareness

**Personal safety** Page 11 of 29

**Working from home - Physical environment**

To keep your physical environment safe when you work from home, you should keep your work area clear of obstructions to avoid tripping hazards.

► Click on each ITEM for further information and when ready click **NEXT** to move on.



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- Assured by RoSPA Qualifications**
- Certified by CPD**
- Audio voiceover**
- Downloadable certificate on completion**
- 100% online training**
- No time limits**



This **Lone Working** training will make you aware of the hazards associated with lone working and identifies the simple, sensible precautions you should take to keep safe when you work alone. It describes how to carry out a dynamic risk and explains the reason why dynamic risk assessments are very important to lone workers.

Our Lone Working training course is suitable for all workplaces and all levels of employees, it aims to increase awareness of the hazards associated with working alone.

**The approximate duration of this training is around 1 hour.**

### PURCHASING FOR YOUR ORGANISATION

If you are buying for your organisation rather than for yourself, it is simple for you to add learners, assign training and print certificates. You will have a dashboard to monitor learner progress.

Our training licences **don't expire** and are only assigned to a learner when they launch the training. Substantial discounts are available for bulk purchases.

Learners are able to download their certificate on successful completion of the online assessment.

# ENGAGING, RELEVANT, COST EFFECTIVE TRAINING

## Lone Working Online Training

The training course contains the following 4 topics:

### 1. INTRODUCTION TO LONE WORKING

- What lone working means
- Which occupations involve working alone
- The reason why lone workers are at higher risk of harm
- The risks involved in lone working
- Which high-risk activities workers should never carry out alone

### 2. DUTIES AND RESPONSIBILITIES

- Legislation that aims to protect lone workers
- Employer and employee responsibilities with regard to lone working
- When your employer should conduct a risk assessment and what it will cover
- How a hierarchy of controls is used to establish appropriate risk controls when carrying out a risk assessment
- What is meant by the right to refuse unsafe work.

### 3. DYNAMIC RISK ASSESSMENT

- The purpose of a dynamic risk assessment
- When a dynamic risk assessment is necessary
- The reason why dynamic risk assessments are important to lone workers
- The 4 principal steps of a dynamic risk assessment
- How to conduct a dynamic risk assessment

### 4. PERSONAL SAFETY

- Visit clients' homes
- Work alone in public
- Work on the same premises but out of sight and sound of a colleague
- Work outside normal working hours
- Work in isolated or rural areas
- Work from home
- Travel
- Encounter aggression or violence