

# ENGAGING, RELEVANT, COST EFFECTIVE TRAINING

## Health and Safety for Employees

£25.00 + VAT

**THINK SAFETY FIRST**  
Health and Safety Training  
Health and Safety for Employees: Working Safely

**About the course**

Welcome to this health and safety training course which will make you aware of the basic principles of workplace health and safety and the role you play in protecting yourself and others from harm in the workplace.

On completion of the course, you will be aware of the things that you can do to work safely so that you and those around you do not come to harm.

► Click **NEXT** to move on.

**Important Information**

This course provides awareness training and should be followed by practical training of your employer's procedures and ways of working.

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Navigation icons: back, forward, search, volume, etc.

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**Risk: Control measures**

**Administrative Controls**

Standard colours and symbols help ensure everyone understands the message quickly, even in noisy or multilingual environments.

There are four categories of signs.

- ▶ Prohibition
- ▶ Warning
- ▶ Mandatory action
- ▶ Emergency information

► Click **OPPOSITE** for examples.

► Click **NEXT** to move on.

► Click **HERE** for additional information.

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Navigation icons: back, forward, search, volume, etc.

- Assured by RoSPA Qualifications
- Certified by CPD
- Audio voiceover
- Downloadable certificate on completion
- 100% online training
- No time limits



Our online Health and Safety for Employees course provides employees with the essential knowledge to work safely in any workplace. It helps employees understand their responsibilities, recognise common workplace hazards, and contribute to creating a safer working environment.

The course is relevant for individuals working across a wide range of environments who do not have additional health and safety management responsibilities.

**The approximate duration of this training is 3 hours.**

### PURCHASING FOR YOUR ORGANISATION

If you are buying for your organisation rather than for yourself, it is simple for you to add learners, assign training and print certificates. You will have a dashboard to monitor learner progress.

Our training licences **don't expire** and are only assigned to a learner when they launch the training. Substantial discounts are available for bulk purchases.

Learners are able to download their certificate on successful completion of the online assessment.

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**i2Comply**

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## Health and Safety for Employees

The training course contains the following 4 modules:

### 1. INTRODUCTION TO THE HEALTH AND SAFETY AT WORK

Module 1 focuses on the number and types of serious workplace injuries and illnesses, the legislation designed to keep workplaces safe, and the key legal responsibilities that both employers and employees must follow.

- The incidence of workplace injuries and illness
- The importance of working safely
- The legal framework for health and safety at work
- The duties and responsibilities placed on employers and employees with regard to workplace safety
- Important health and safety legislation
- How and why incidents, accidents, and near misses are reported

### 2. ASSESSNG AND CONTROLLING RISK

Module 2 explains in greater detail what is meant by risk, what a risk assessment entails, and the control measures that are required to reduce the risk of people being harmed in the workplace.

- The legal requirement for risk assessment
- The five-step risk assessment process
- How hazards are identified
- The application of a hierarchy of control
- Common control measures
- The importance and limitations of PPE
- Health and safety signage
- Emergency plans and planning

### 3. COMMON WORKPLACE HAZARDS

Module 3 explores common workplace hazards, helping you to understand the types of risks that can be present in different work environments and how they can affect health and safety.

- Fire
- Slips and trips
- Manual Handling
- Working at height
- Working in confined spaces
- Hazardous substances
- Dangerous substances
- Asbestos
- Noise
- Vibration
- Electricity
- Work equipment
- Work vehicles
- Display Screen Equipment

### 4. PEOPLE IN THE WORKPLACE

Module 4 will help you understand which workers may be at greater risk of illness or injury and why they may require additional attention, support, or adjustments in the workplace.

- How new employees, disabled people, pregnant workers and migrant workers are more vulnerable at work
- Issues related to home working, lone working and shift work
- Why young workers and older workers are sometimes vulnerable
- How stress and aggression impact health and safety
- The impact of mental health and menopause